

## The Companions

Visit [www.thecompanions.org.uk](http://www.thecompanions.org.uk) for upcoming short-breaks and activities, or contact Joan Clark at [joan@thecompanions.org.uk](mailto:joan@thecompanions.org.uk).

### 2010 Walking Holidays with Irene and Graham

#### **22<sup>nd</sup> May 2010 (TBC)**

4 nights in Whitby, North Yorkshire

Led by Irene

#### **5<sup>th</sup> June 2010**

1 week in Aberfoyle, Scotland

Led by Graham

#### **September 2010 – SOLD OUT**

1 week in Montenegro

Led by Irene

#### **October 2010**

##### **Two Centre Holiday**

17<sup>th</sup> October – 22<sup>nd</sup> October, Derbyshire

22<sup>nd</sup> October – 25<sup>th</sup> October, North Yorkshire

Led by Irene

### 2011 Walking Holidays with Irene and Graham

#### **Portugal**

**Sun. 27<sup>th</sup> Feb – Sun. 6<sup>th</sup> March**

**Organiser: Graham**

We stay in self-catering apartments on the Algarve coast in a beautiful setting. We do our own breakfast and usually eat out in the evening. Fly to Faro and then use mini-buses/cars for transport for the week. Walks are some half day and some whole day. Some sight-seeing included, especially for those who don't want to walk all the time.

COST: £300 or less, depending on numbers.

#### **Forest of Dean**

**Fri. 8<sup>th</sup> April – Mon. 11<sup>th</sup> April**

**Organiser: Graham**

Staying in lodges, prepare own breakfast and eat out. Setting is beautiful. Use our own cars and walk each day. Sat./Sun. some element of choice – half day or whole day walk. Hotel has indoor pool.

COST: £22.00 pppn B&B, plus evening meal

#### **Lake District**

**Mon. 9<sup>th</sup> May – Fri. 13<sup>th</sup> May**

**Organiser: Irene**

Staying at Borrowdale Hotel.

COST: Approx. £300.00, half board.

**The Pyrenees****Sat. 4<sup>th</sup> June – Sat. 11<sup>th</sup> June****Organiser: Graham**

Staying in a hotel, half board, near Lourdes. Fly to Toulouse and coach to hotel. Two walks each day or when required, long and short, led by an English couple. Cost depends on numbers – the more we get, the cheaper the holiday. Price affected by transport each day.

COST: Approx. £500.00

**Austria****Wed. 7<sup>th</sup> Sept. – Wed. 14<sup>th</sup> Sept.****Organiser: Irene**

Four star hotel, full board. Gatwick to Salzburg.

COST: Approx. £550.00

**Sedburgh, Yorks. Mon. 17<sup>th</sup> Oct.****Organiser: Irene**

Thorns Hall HF. Three nights, can be four nights.

COST: £210.00 full board (for 3 nights)

---

You can make a PROVISIONAL BOOKING by ringing or speaking to Graham/Irene on a walk.

Graham 01342 323371

Irene 01883 742601

N.B. Some holidays have a limited number of places, so a provisional booking helps. We would expect most bookings for 2011 to be in by the end of June 2010. Fuller details will be available by the beginning of June.