

GO50 West Surrey Walks Programme September - December 2010

GO50 is a project supported by Age Concern Surrey. It aims to introduce people in the fifty plus age range to a healthier lifestyle and to the benefits that can be gained by taking regular exercise.

Please note: no dogs or children on walks please. 'T' indicates walk accessible via public transport.

Tuesday 14th September Chantries/Pewley Downs 3 Miles

Meet **Roy** at 10.15am for a 10.30am start at Chantry Woods car park (up metalled track off right side of Pilgrims Way [off A281] where it changes to Echo Pit Road). If car park is full walk through from turning circle in Clifford Manor Road – 4 hours free parking. Walk with nice views and a noticeable hill. Optional pub lunch at Ye Old Ship on A3100 after walk. T

Friday 17th September Leith Hill 4 Miles

Meet **Jill** at 10:15am for a 10:30am start at Starveall Corner car park. Turn south into Hollow Lane from the A25, this becomes Leith Hill Road. Starveall car park is on the left after about 2.5 miles. A woodland walk with streams and a waterfall. Steepish climb to Leith Hill Tower, £1 or NT card. Light refreshments available or bring a picnic.

Tuesday 21st September Chinthurst 2 ½ - 3 Miles

Meet **Mary** at Chinthurst car park at 10:15am for a 10:30am start. Take A281 south from Guildford and turn at Shalford on to the A248 towards Womersley. (Car park on right shortly after the turn left for Chilworth; do not turn onto the road for Chilworth). A hilly walk passing Great Tangle Manor Farm, up Tangle Hill and along the Downs Link. Optional pub lunch.

Thursday 23rd September Lightwater 3 ½ Miles

Meet **Pamela** at 10:15am for a 10:30am start at Lightwater Country Park (GR917 620). Take the A322 Lightwater bypass towards the M3 roundabout from West End, Woking. Turn left just before the roundabout where Lightwater Country Park is signposted in brown. In the park, go to the Leisure Centre and park in the left hand car park. Undulating walk with 1 hill and good views. No stiles. Bring picnic or optional pub lunch.

Wednesday 29th September Windsor Great Park 4 Miles

Meet **Lynette** at 10:15am for a 10:30am start at the Bishopsgate entrance. Leave the A30 Egham Hill on the A328 through Englefield Green. Bear left at the 3rd mini-roundabout down Bishopsgate Road to the end of the park. Superb views of the Castle and across Thames Valley, through Deer Park and The Village. An undulating walk with an optional coffee stop at the Olde World Post Office. Optional pub lunch.

Friday 1st October GO50 / "fit as a fiddle" morning of walks, Nordic walks and cycling

In celebration of the International Day of Older People, "fit as a fiddle" and GO50 are hosting a fair at Denbies Vineyard, Dorking. Meet at 10am for GO50 walk (4 miles), cycle ride (grade 2), Nordic walk and GOFurther walk (8 miles). There will also be an indoor presentation about Nordic walking for newcomers at 10.30am.

GO50 walk details: Meet **Andrew** at 10am (10.15am start) for a partly hilly, 4-mile walk along Chapel Lane, North Downs Way, Ranmore Road and Bradley Farm, returning for optional lunch at Denbies. *Dorking, Dorking Deepdene, Dorking West and Boxhill and Westhumble stations each about 1 mile from start*

Tuesday 5th October Devil's Punch Bowl 4 ½ Miles

Meet **Pamela** at 10:15am for a 10:30am start at the National Trust car park at the Devil's Punchbowl (GR 890 358). Take the A3 from Guildford to Hindhead. Car park and café are on the right just before road descends to Hindhead traffic lights (signposted beforehand). NT members free, others pay £2.00 per car. A very hilly walk, which starts with one long flight of downhill steps. Country views with no stiles. Refreshments at café or bring a picnic.

[Wednesday 6th October](#) [Witley](#) [4 Miles](#)

Meet **Norma** at 10:15am for a 10:30am start at the White Hart Pub, Witley. Take the A3 to Milford, 2 miles south turn onto the A283. Pub is on the left hand side after entering Witley. Enjoy an undulating walk with woodland gaps offering good views of the conservation area. Some stiles. OAP lunch afterwards.

[Thursday 7th October](#) [Windsor Great Park](#) [4 Miles](#)

Meet **Lynette** at 10:15am for a 10:30am start at Savill Gardens car park or park outside. From the A30, take Wick Road/Lane, signposted Savill Gardens. Enjoy a mystery walk through hidden paths and little known areas of the park. Optional lunch afterwards.

[Tuesday 12th October](#) [Epsom Common](#) [4 Miles](#)

Meet **Anthony** at 10am for a 10:15am start at Epsom Common Stew Ponds CP between Epsom and Malden Rushett on B280 (TQ184612, nearest postcode KT18 7TR). Explore Epsom and Ashted Commons. Visit Roman brick works. Mainly flat and reasonably easy, but can be muddy in places.

[Thursday 14th October](#) [Pirbright](#) [3 Miles](#)

Meet **Mary** at 10.15am for a 10.30am start at the car park in the centre of Pirbright. Take A322 north from Guildford and take first exit at Fox Corner to Pirbright. Fairly level walk along tracks and fields. Pub refreshments after walk.

[Tuesday 19th October](#) [Ripley](#) [3 Miles](#)

Meet **Jennifer** at 10:30am for a 10:45am start at the car park just past the Seven Stars PH, Newark Lane (B367), which is a turning from the centre of Ripley in a westerly direction. Pub is on the right after about 1 mile. A delightful walk along the canal and back over the village green. Can be muddy. Optional pub lunch.

[Wednesday 20th October](#) [Horsell Common](#) [4 Miles](#)

Meet **David** at 10:15am for a 10:30am start in the Six Crossroads car park (take the Shores Road exit off the Six Crossroads roundabout). Some of the best descriptions of the common in the late Victorian period can be found in HG Wells' "War of the Worlds". We will walk to where the first Martian cylinder landed and then on to Fairoaks airport for a brunch stop and a look at some more up-to-date flying machines. The walk will return via the McLaren's Research and Development Centre. Optional lunch after the walk.

CHOICE OF TWO WALKS

[Thursday 21st October](#) [Windsor Great Park](#) [4 Miles](#)

Meet **Lynette** at 10:15am for a 10:30am start at the Bishopsgate entrance. Leave the A30 Egham Hill on the A328 through Englefield Green. Bear left at the 3rd mini-roundabout down Bishopsgate Road to the end of the park. Superb views of the Castle and across Thames Valley, through Deer Park and The Village. An undulating walk with an optional coffee stop at the Olde World Post Office. Optional pub lunch.

[Thursday 21st October](#) [West Humble](#) [4 ½ Miles](#)

Meet **Clive** (phone 0797 207 1236 walk day only) at 10am for a 10:15am start in the 'Rykers' car park (the bikers' car park) on the A24 between Leatherhead and Dorking, 5 min walk from Westhumble and Box Hill train station. Beautiful walk including 'kingfisher spotting' on the River Mole. No stiles. Optional lunch/drink in the nearby Stepping Stones pub. **T**

[Monday 25th October](#) [Abinger/Friday Street](#) [3 ½ Miles](#)

Meet **Jill** at 10:15am for a 10:30am start at the car park by Abinger Church or Abinger Hatch pub car park if lunching. Turn south off the A25 between Wotton and Abinger Hammer (Raikes Lane), left up Abinger Lane for about 0.75 miles. Easy undulating walk through woodland, beside stream, lakes and cascade. Some stiles.

[Tuesday 26th October](#) [Guildford Lane](#) [3 Miles](#)

Meet **Andrew** at 10.15am for a 10.30am start at the Guildford Lane car park, east of St Martha's. Walk by Keepers Cottage, Tyting Farm, Halfpenny Lane, Chilworth Manor and Down's Link. Optional pub lunch at the Drummond Arms, Albury, after the walk.

Tuesday 16th November **Bramley** **3 ½ - 4 Miles**

Meet **Jill** at 10:15am for a 10:30am start at the Bramley Business Centre car park on the B2128, Station Road, Bramley. From Guildford on the A281, turn left at the mini-roundabout at the BP garage and the car park is 100 yds on the left, past the school. Undulating walk through the village, past lakes, mills and over farmland, and return on Downs Link path. Optional pub lunch following.

Thursday 18th November **Windsor Great Park** **4 Miles**

Meet **Lynette** at 10:15am for a 10:30am start at the Bishopsgate entrance. Leave the A30 Egham Hill on the A328 through Englefield Green. Bear left at the 3rd mini-roundabout down Bishopsgate Road to the end of the park. Superb views of the Castle and across Thames Valley, through Deer Park and The Village. An undulating walk with an optional coffee stop at the Olde World Post Office. Optional pub lunch.

Tuesday 23rd November **Guildford Lane** **4 Miles**

Meet **Andrew** at 10.00am for a 10.15am start at the Guildford Lane CP, east of St Martha's. Walk by Downs Link, Lockner Farm, Watercress Beds, Blackheath Lane, Albury Warren, Warren Lane, Albury, Water Lane and Pilgrim's Way. Optional pub lunch at the Drummond Arms, Albury, after the walk.

Wednesday 1st December **Ranmore** **4 Miles**

Meet **Alan** at 10:15am for a 10:30am start at car park near Hogden Cottage (TQ123505). From Guildford take A246 and about 1/2 mile past Horsley Towers turn right into Greene Dene. Fork left into Crocknorth Road and Ranmore Common Road, take 2nd junction on left past Critten Lane junction. CP is on left-hand side of Hogden Lane (No road nameplate). A pleasant walk through open countryside and woods with fine southerly views. A few steepish inclines and can be muddy in places.

Thursday 2nd December **Windsor Great Park** **4 Miles**

Meet **Lynette** at 10:15am for a 10:30am start at Savill Gardens car park or park outside. From the A30, take Wick Road/Lane, signposted Savill Gardens. Enjoy a mystery walk through hidden paths and little known areas of the park. Optional lunch afterwards.

Monday 6th December **Guildford Lane** **2 ½ Miles**

Meet **Andrew** at 10.15am for a 10.30am start at the Guildford Lane CP, east of St Martha's. Walk by Pilgrim's Way, Water Lane (steeply uphill), Newlands Corner, North Downs Way. Optional pub lunch at the Drummond Arms, Albury, after the walk.

Wednesday 8th December **Frimley Lodge Park** **4 Miles**

Meet **David & Vivienne** at 10:15am for a 10:30am start at Frimley Lodge Park, Frimley Green. From junction 4 off the M3 take the A331 south then the A325. Turn right at the first roundabout and left at a mini-roundabout. Follow the main road bearing right at the junction B3012 / B3411. Go under a railway bridge then turn left into Frimley Lodge Park. Bear right, signed "Canal South Car Parks." Bear left at a junction to the signed car park 2 by a miniature railway. Refreshments and toilet facilities at the Canal Centre Tea Room at Mytchett halfway through the walk. Optional lunch afterwards.

Thursday 9th December **Penton Hook** **3 ½ Miles**

Meet **Norman** at 10:15am for a 10:30am start. Go over Chertsey Bridge from Chertsey, turn left on the Thames side, the second car park (fee payable) is beyond the campsite on the right, just before Ferry Lane. Thames Path walk to Penton Hook Island, returning along the river and Laleham Abbey Park. Optional pub lunch or bring a picnic to eat by the river.

Friday 10th December **Guildford – south side of Chantries** **3 Miles**

Meet at 10.15 for a 10.30am start at turning circle in Clifford Manor Road – 4 hours free parking . **Roy** is your leader for this walk along long field track followed by undulating path with nice views. Optional pub lunch at Ye Old Ship on A3100 after walk. Short part of track is muddy in almost all weathers. T

